We often talk about ‘Sheng Qi’ and ‘Sha Qi, the usable and unusable energies around us. The whole objective of Feng Shui itself is to identify what types of energies prevail around our house, and how to adapt around it. In Geopathy however, the negative earth energies (called Geopathic Stress) have different types and names. Our next article will examine what are they, how they can effect living things above them, as a useful input for feng shui practitioners.

**Types of Negative Earth Energies/Geopathic Stress**

**Underground Water**

In feng shui, underground water flow is a big part in our analysis to determine the type of energy that prevails on the surface. The presence of underground water currents is a big concern in geopathy when it is right underneath a person’s sleeping place. Water carries electrical currents which when undergoes frictions (from the piping and through the earth’s bedrocks) will emanate energy. Although very subtle, this can be picked up easily by our sensitive nerve systems especially when we rest and sleep. Studies have shown that people who sleep on top of waterlines for a medium to long period of time usually develop various chronic illnesses from insomnia, rheumatism, auto immune diseases to cancers.

Will it reduce the effects when we stay on the 20th floor? The answer is no, because the ‘electrical’ energy is amplified by metal structures in the modern day buildings. Not to mention our metal bed frames and spring mattresses with hundreds of coils inside!

**Geomagnetic Grids**

There are various geomagnetic grids being observed in geopathy to map out the pattern of energy, similar to how we do Flying Stars in feng shui. Some major grids namely are Hartmann Grid that runs every 7ft north to south and every 8ft east to west, and Curry Grid every 13 by 13 ft diagonally at 45 degree angle. These lines are of course everywhere in our house, and they do not pose any harm individually unless two or more lines intersect right beneath our beds or working place. The intersecting points will exert very strong energy that our body cannot tolerate for a prolonged period of time.

The illustration shows a typical energy map drawn by a geopathologist, incorporating a house plan and various energy grids including water lines to see where they intersect. The client is then advised to move beds or neutralize if necessary. The most common method to derive this is by dowsing, therefore practice and experience are important to get an accurate result.

**Geological Folds**

In a geopathy analysis, any presence of geological folds underneath the sleeping area is also examined. These folds are the forces of the earth crust; a laser like energy that cuts through the layers of the earth and form cracks. Sleeping on top of this is like having a laser beam being directed to our bodies: one of the most common cause for unexplainable body and back aches after we wake up. The presence of geological folds can be examined with dowsing of a geomagnetic meters, since this energy will create a sharp magnetic flux when the area is measured.
RADIOACTIVES
Radioactives are one of the most fatal culprit in negative earth energy because of its ability to change the structure of cells in living organisms, resulting in cancers and fatal diseases. Two of the most common radioactive materials are radon gas and gamma rays. Radon gas is found mostly in mountainous areas, and it can seep through cracks on the foundations slabs, floors and walls. This can be minimized by a standardized healthy building constructions. Gamma radiation on the other hand is harder to avoid, since it comes from both earth cracks and outer space, with longer waves and stronger penetrating ability.

We are exposed to radioactives everyday in our modern lifestyles. From x-rays and scanner machines, flying frequently with airplanes to eating contaminated food; radiations are everywhere. Even eating bananas can give us a little dose of radiation due to the potassium in it! Therefore it is important to check that our living place do not contain radioactives higher than it should be, which can be measured easily by a device called dosimeter.

LEY LINES
Ley lines are imaginary lines that connect historic and sacred points and places, and they are deemed to have supernatural forces. There are thousands of ley lines in the world, most notable one include St Michael Leys in England, which is the alignment of more than a dozen tombs, cathedrals and sacred places. Most ley lines are based on the movement of the sun on certain day in a year with stronger energy.

Ley lines are usually good for religious purposes and buildings but it is not suitable for houses. It carries strong yin energy that may promote more ghostly apparitions and make the occupants more sickly.

HOW TO DETECT GEOPATHICALLY STRESSED AREAS

1. Some group of animals love geopathic stress and always nest on the area, namely ants, bees and termites. Beware if your bedroom have many ants or bees often make a visit inside. In Feng Shui, houses infested with termites are also deemed inauspicious. Cats always sleep on geopathically stressed area too. When your cat loves sleeping on your bed, now you know what it means!

Plants usually hate geopathic stress: it will cause abnormal growth, such as weird twists or shapes of the trunks, and will not produce healthy fruits. Only some plants can thrive in the negative energy, namely oak trees (they like underground water presence), berries families and ivy. Presence of these plants denote strong geopathic stress in the area.

Babies who wake up often and cry at night (mainly between 2-4 am) can be an indication that they sleep on geopathic stress, because at those hour negative earth energy is the strongest. Examine if the babies often curl on the edge of the crib as to avoid the area underneath, and it is worth trying to move around the crib to see if they are less cranky afterwards. For adults who have chronic illnesses such as backpain, rheumatism or even cancer, the sleeping area could be one important factor that strengthen the illnesses over the years and worth checking by a professional.

NEXT EDITION: VARIOUS TYPES OF MANMADE DISTURBANCES

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