

DATE SELECTION



HARMONY
between
HEAVEN, EARTH
AND MAN!

THE RIGHT TIMING IS EVERYTHING

Date selection is an inseparable factor of Feng Shui and Chinese Metaphysics practices. In our first article in 2012, we will touch on this ancient art of timing perfection and how it can help in enhance the success of our important endeavours.

Energy fluctuates with time as we learn in Feng Shui studies. There are numerous cycles with various types of energy or Qi that enable us to do predictions of future conditions. The objective of date selection is to choose the best type of Qi according to the activities one will carry out, to maximise favourable outcomes. But most importantly, date selection process enables us to choose the timing where the trinity combination of heaven, earth and man takes place. When this happens, it is believed that the activity is approved by heaven above, in harmony with our immediate surrounding and resonate the best with our own personal energy to yield the best result.

WHEN DO WE NEED TO SELECT DATES?

If you have ever looked at the Chinese date selection bible or Dong Shu, the ancient Chinese people chose a date for anything and everything from moving stove, giving charity to cutting hair. Logically it is not practical in modern time to do so, therefore there are a few selected important activities that is recommended to use date selection to perform them.

1. WEDDING DATES

Wedding is one of the most important moment in one's life that calls for the right energy. There are two key elements for wedding date selection criterias: the quality of Qi on the day itself, and the compatibility with the bride and groom's energy. There are people who came to a consultant and are only given a series of good dates without even looking at



the birth datas, which could be too general. On the other hand, it is also not possible to find the perfect day that suits everyone, but the hour can still be selected to negate some clashes, for example. Besides, in ancient times perfect timing for the couple's union was very significant because they met each other for literally the very first time during the ceremony, which is not the case for our modern day wedding! Therefore as much as we want the best possible time, we need to stay practical as well.

2. MOVING HOUSE

It is important to get the timing right when you move in to a new property or start a new construction, because it marks the first interaction of energy between the occupants and the space itself. We aim for suitable good timing to do the activities **but** it must also not clash with the sitting direction of the property **and** the birth chart of the occupant. Therefore when chosen correctly, we have the harmony in all the three aspects of heaven, earth and man.

3. OPEN BUSINESS

We would want to have the most auspicious energy on the first day of opening new business, which is why date selection is highly recommended. Most people also use date selection to determine the first opening day after each Lunar New Year, which is believed to help set the tone of energy for the rest of the year. We will need to consider the business owner's birth data and the business location sitting, if any, for maximum result.

4. FUNERAL

Apart from *yang* activities, we also need to choose suitable timing for *yin* activities such as funeral. Ancient Chinese tradition placed high importance over proper burial timing and procedure; the origin of Feng Shui was after all study of correct tomb placement! When we do funerals correctly and timely, it is believed that it would help contain the negative energy and give good blessings in the future to the descendants.

To choose a proper burial date requires specialized skills of yin Feng Shui that not all Feng Shui consultants are able to do, therefore choose your consultant carefully.

5. FILE LAWSUITS

Although not considered the happiest events for most people, it is still recommended to choose correct timings to file for lawsuits or divorce. We want favourable outcome and less agony in the process, therefore you need the right type of energy to facilitate it. You may not have control over court dates, but you can choose when to lodge your cases or file for your divorce. At the end of the day, the right timing is everything.

6. EVERYTHING ELSE

...If you want to! There are simplified Chinese almanacs out there to look for general good dates. Play by general rules such as doing important things on 'success' days and refrain from having important activities during 'destruction' days. There are many methods you can choose although bear in mind that sometimes these methods can contradict each other. As with many discipline, it requires deep understanding, skills and practices to choose the most suitable one. When in doubt, always consult a practitioner. Finally, our own energy plays an important role: any days can be good days, as long as we have positive attitude and gratitude. Happy choosing dates!

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STEPS FOR DATE SELECTION

1. ESTABLISH THE RIGHT 'QI'

There are many methods to choose appropriate energy based on Almanac, such as 'success' or 'open' days for good activities, 'receive' for business deals and so on. You can narrow down your choice by having a few suitable days as options.

2. FOUR PILLARS OF THE DAY

Next you need to check the stem and branch element on the day to check its compatibility with the person. You have to take the person's full four pillars to do it, for example it is important not to have the day branch clash with the day pillar of the bride and groom

3. SYMBOLIC STARS

Presence of good symbolic stars such as heaven and monthly virtue can negate some clashes. They are obtained based on the person's self element, but it is an added bonus if the day self element also has good symbolic stars

4. PICK BEST 2 HOUR WINDOW

Pick the best hour that can neutralize clashes. You can also use Xuan Kong Da Gua method to help narrow down the best hour for your chosen day



TIMING MUST BE RIGHT!