

# AUSPICIOUS HOUSE

*Increasing your health and prosperity with Feng Shui*

## Prosperity in dining and kitchen

**AS THEY ALWAYS SAY, FOOD IS THE KEY TO A MAN'S HEART...**

In Feng Shui, we always talk about your house being similar to a human body. It needs to have a good and proportionate shape and face (with the door being the mouth), good flow of energy to every corner of it as well as all the vital organs (i.e. your rooms) in balance and function properly. Let us talk about one of the most important organ, our heart. And what is the heart of our house? It is none other than the burning fire where the food is produced for all the occupants in the house : kitchen and dining area.



Vibrant dining area is important!

### DINING AND PROSPERITY

Ancient Chinese believed that the energy of your kitchen/dining is a direct correlation to your wealth. When there is no money, there is no food on the table; as simple as that. Therefore in Feng Shui, kitchen and dining are one of the top three vital parts of the house together with entrance/ main door and the bedrooms. In the old days, people mostly dined in their kitchen, therefore kitchen and dining are often analyzed as an integral part. Ideally they are both located at good area in the house, referring to your house flying star birth chart.

We will focus on stove position, dining table position and auspicious interior design strategies for these spaces to enhance the Feng Shui and make the most out of your 'bread and butter' area.

### STOVE POSITION RULE OF THUMB

- Ideally it is not directly opposite your main door or very visible from your entrance
- Try not to put stove and sink or fridge too near side by side for practical reasons, although this does not always mean bad feng shui. Otherwise, most restaurants would be bankrupt by now!
- Stove orientation can also be calculated according to the head of the family's favourable direction.

-Lastly, pay attention to your stove area's flying star as some combinations such as 2, 7 and 9 can lead to fire hazard. Refer to your house birth chart!



## PROSPEROUS DINING AND KITCHEN AREA

### Dining area

This room signify not only the prosperity of the family but also the harmony and family bonding over the meals together. Thus, it is ideally located at good sectors of the house and carry a vibrant environment within it.

If you want to play with bold and bright colours such as orange, red and green, dining area is perfect for this splash of bright ambience. It is also good to install a large mirror here, as mirrors amplify energy. Plenty of light is important; a dimmed candlelight dining is only good occasionally.



### TIPS FOR GOOD KITCHEN

- Keep your kitchen clutter free and pay attention to its cleanliness
- Preferably kitchen is not located at Northwest sector (Qian trigram, father domain) although some exceptions apply. House birth chart is needed for this.
- If there is any bathroom leading to your kitchen area, close the bathroom door most of the time.
- During spring cleaning time, clean up your kitchen cabinet inside and out thoroughly as they are often forgotten.
- Lastly kitchen is the domain of mother, therefore it is better to have the design and colour scheme according to her Four Pillar's favourable elements.

All images courtesy of [www.houzz.com](http://www.houzz.com)

### Dining table

There is no hard and fast rule about dining table, but it is ideally rounded edges and proportionate with the size of the room.

### Other interior design strategies

According to your Feng Shui needs, you can match the selection of colours as well as decorations in your kitchen/ dining area. With a wide array of materials to choose from, you can pick two dominant colours for your dining area theme according to your favourable ones. Should you need to cure your dining area with metal, for example, you can also incorporate that with the selection of dining lights or the backdrop decoration stuffs.

Pay attention to the views of your dining room windows as well, as you may not want to eat while having outside Sha Qi or bad energy pointing towards you!



This is an example of a dining room suited for someone with metal and water as favourable elements. With proper integration of interior design and Feng Shui, who knows having a blue dining table is possible!

## LAST NOTES ABOUT KITCHEN

### dry and wet kitchen

Many people would separate their kitchen onto wet and dry area, with the dry being inside the house and seldom used to cook. However this is not too good in Feng Shui, as it reflects that your bread and butter is not inside the house, thus difficulty in keeping your income. You should still use your dry kitchen often to prepare meals and preferably have some stove installed there for light cooking to



recharge your house energy from within. Otherwise, your house will not have its 'yang' energy source.

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